

MAY 2026

THE PROVIDENCE POST

THE OFFICIAL NEWSLETTER OF PROVIDENCE PLACE & THE GARDENS

LET THE GOOD TIMES ROLL AT PROVIDENCE PLACE & THE GARDENS!



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"May is the month of expectation, the month of wishes, the month of hope." — Emily Brontë

MAY 2026

CINDI'S CHECK-IN

Hello! My name is Cindi, and I am honored to now serve as the Executive Director of this community. With a background in nursing and healthcare administration, I am deeply committed to ensuring each resident receives not only excellent care, but also dignity, respect, and a true sense of home.

Throughout my career, I have been passionate about creating environments where residents feel supported, families feel confident, and team members feel empowered to provide their very best. I believe that strong communication and compassion are at the heart of a thriving community.

Each month, I will use this space to share updates, highlights, and important information. I am excited to be here and look forward to getting to know each of you!



JILL'S JOLLY

May is a time when our community truly shines, and that's because of the incredible residents and team members who bring it to life each day! When guests visit, it's your warm greetings, genuine conversations, and willingness to share your experiences that make the biggest impact. That authentic connection is at the heart of what helps families envision themselves here, and it plays such an important role in the sales journey. Thank you for continuing to create a welcoming, engaging environment that speaks louder than anything we could say.



JESSICA'S JUICE



We have some changes happening this month for our Curana/Bluesky patients. All residents who are seen by Curana/Bluesky medical professionals will now be using GTI Lab Services.

Assisted living communities are expanding access to on-site laboratory services, helping residents receive faster diagnoses and more convenient healthcare without leaving home. GTI Lab Services partnering with Curana/Bluesky will allow routine bloodwork, urine testing, and wellness screenings to be completed directly within the community.

Experts say that the added services improve resident comfort and reduce the stress of traveling to outside appointments. For older adults with mobility challenges or chronic health conditions, in-house lab testing can make a major difference in maintaining consistent care.

TIME WITH TIERNEY

April showers bring May flowers, and we're living proof of that here at Providence Place! Last month, we planted wildflower seeds in raised garden beds, and we've all enjoyed watching the sprouts grow!

We hope everyone had a fantastic time at our Senior Prom where Albert Harris and Poppie Reuhland were crowned Prom King and Queen, voted on by their neighbors!

Couldn't make it to the prom? Make sure to mark your calendars for May's Family Night on Wednesday the 13th from 3:30 - 5:00 pm! We will be hosting magician Bruce Amato who will amaze us with his close-up magic tricks! This is a perfect event for all-ages, so make sure to bring the little ones.

We will also be celebrating our lovely ladies of the community for Mother's Day with a special tea party on Friday, May 8th. Please let me know if you plan on being in attendance.

And for Memorial Day, we have the honor of hosting Afghanistan veteran Sgt. Ben Neely for a Veteran's Chat on Monday, May 25th. Check the May calendar for all of our exciting activities planned for this month!



KIM'S KEEP UP

May brings sunshine, blooming flowers, and new opportunities to create meaningful moments with our residents.

In Memory Care, we focus on comfort, familiarity, and joyful engagement--meeting each resident where they are and celebrating every smile along the way. Our programming is designed to support memory, reduce anxiety, and bring joy by including sensory gardening, familiar music, Bible readings and devotion time, reminiscence therapy, hand massages and relaxation time on our calendar.

We will honor our mothers and amazing women with a special tea on Sunday the 10th from 2-4. Families are warmly invited to join us in celebrating these cherished ladies. Please let me know if you plan on joining us and how many will be accompanying you.

Family involvement is so important. Even short visits, holding hands, or sharing a favorite story can bring comfort and connection. I encourage you to join activities whenever possible.

Tokota and I are doing a lot of bareback riding in the beautiful weather we have been having. I enjoy getting out with him whenever I can in the sunshine. I especially love sunset rides; it is always so peaceful.

Gentle reminders:

Please label all clothing and personal items.

Consider bringing familiar item photos and blankets for comfort.

Let me know about your loved ones favorite music, hobbies, or past routines so I can incorporate personal touches.

The Lord bless you and keep you; the Lord make His face shine

Upon you and be gracious to you.. Numbers 6:24-25

See you down the trail

KIM



CANDACE'S CORNER

May is a month of mothers and tacos, two undeniably wonderful things!

First we'll have Cinco de Mayo, a holiday that marks the 1862 underdog victory of the Mexican militia against the more trained and highly numbered French army. While it is seen as a minor holiday in Mexico, it has become a day of Mexican cultural awareness and celebration in the states. Thanks to America being a melting pot of cultures, we have the privilege to enjoy culinary delights such as tacos, guacamole, churros, tamales, salsa, etc. Mexican food incorporates a lot of fresh fruits and vegetables making for delicious, nutrient rich, and visually appealing dishes.



Secondly, Mother's day is on the way and a tea party will be held to celebrate our wonderful family matriarchs. Some say we live in a world driven by survival of the fittest, but that's incorrect as no one is born with strength. Instead, I believe we live in a world of survival through love because none of us would be here without the love of a mother.

ROBERT'S REPORT

This month we will be going over safety drills for inclement weather and other issues that may arise during your time here at Providence Place. Keep an eye on the activities board outside of Tierney's office for the official date and time to be announced later this month.



EVAN'S EMPOWERMENT

May is Stroke Awareness month. Use the **B.E. F.A.S.T.** acronym to recognize sudden stroke symptoms and act immediately. Key signs include **B**alance loss, **E**ye/vision changes, **F**ace drooping, **A**rm weakness, and **S**peech difficulty. **T**ime is critical; get help immediately if you notice any of these signs, as prompt treatment saves lives. The brain and body have amazing healing powers, and people recover from strokes everyday. Some of these survivors are your friends and neighbors. An active lifestyle and exercise, eating healthy and good self-monitoring habits such as checking your blood pressure are great ways to prevent strokes. And if you're a smoker – make May the month that you finally quit! If you'd like any more information to help with your health and wellness goals, please visit us over in room 400!





MAY BIRTHDAYS

THE GARDENS

5/13 - Ann Keller

PROVIDENCE PLACE

5/2 - Lydia Hamblen
5/2 - Poppie Reuhland
5/3 - Albert Harris
5/9 - Debbie Polsley
5/19 - Ronnie Hunter
5/31 - Jean Brown

MEET YOUR NEW NEIGHBORS

PROVIDENCE PLACE

Albert Harris
Bob Preston
Brenda Zingraf

Providence Place

May Calendar

May 2026

Providence Place Assisted Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:00 Music with Fred Happy Birthday, Albert HI	3 Space Day 9:30 Exercise/Brain Games w/ Chris 11:00 Space Trivia 1:00 BINGO 2:30 Movie-Hidden Figures	4 Cinco de Mayo 9:30 Exercise/Brain Games w/ Chris 10:30 Worship with Rev. Vogtner 2:00 New Performer : Bart Hanson Music 3:30 Churro and Photo Booth Party	5 9:30 Exercise/Brain Games w/ Chris 10:30 Bible Study with Connie 1:00 Scenic Bus Ride 3:30 Hot Potato Game	6 9:30 Exercise/Brain Games w/ Chris 11:00 Ring Toss Game 1:00 BINGO 3:00 Trip to Wilson Co. Library	7 9:30 Exercise/Brain Games w/ Chris 11:00 Derby Horse Making Craft 1:00 Resident Council Meeting 2:00 Lee Tucker & Friends Music 3:30 Derby Party	8 Kentucky Derby Day Rest & Relaxation Happy Birthday, Lydia HI Happy Birthday, Poppy RI
3:00 Music with Fred Happy Birthday, Albert HI	10 Mother's Day 3:00 Music with Fred	11 9:30 Exercise/Brain Games w/ Chris 11:00 New Game : Show OR Tell 1:00 BINGO 3:00 Walk to Charlie Daniels Park 5:00 Gabe Lamog Steel Drums Music	12 9:30 Exercise/Brain Games w/ Chris 10:30 Worship with Rev. Vogtner 2:00 Goat Therapy - Walk to The Gardens Memory Care 3:30 String Painting Craft	13 9:30 Exercise/Brain Games w/ Chris 10:30 Bible Study with Connie 3:30 Family Meet & Greet Our New ED - Cindi Brindley 4:30 Family Night of Magic feat. Magician Bruce Amato	14 Dance Like a Chicken Day 9:30 Exercise/Brain Games with Chris 11:00 New Game : Chicken Run 1:00 BINGO 3:00 Beak Painting Arts & Crafts	15 9:30 Exercise/Brain Games w/ Chris 11:00 "And Then..." Mother's Day Edition 2:00 Mother's Day Tea Party 3:30 Mother's Day Picture Frame Arts & Crafts
3:00 Music with Fred	17 9:30 Exercise/Brain Games w/ Chris 11:00 Would You Rather? 1:00 BINGO 2:30 Cyber Scam Security with Evan from EmpowerMe	18 9:30 Exercise/Brain Games w/ Chris 10:30 Worship with Rev. Vogtner 1:00 Auction with Robert 3:30 Trip to Wilson Co. Library Happy Birthday, Ronnie HI	19 World Bee Day Wear Yellow & Black 9:30 Exercise/Brain Games w/ Chris 10:30 Bible Study with Connie 11:00 Bee Trivia 1:00 Scenic Bus Ride 3:30 Paint Your Own Bee Craft	20 9:30 Exercise/Brain Games w/ Chris 11:00 New Game : Act It Out 1:00 BINGO 2:30 Delores Hershey Music	21 9:30 Exercise/Brain Games w/ Chris 11:00 Out to Lunch - Gladeville Diner - Bring Your Own Money! 1:30 Charades with Chris 3:00 Movie - Night at the Museum 2: Battle of the Smithsonian	22 Rest & Relaxation Happy Birthday, Debbie Polsley!
3:00 Music with Fred	24 Memorial Day Wear Red, White & Blue 9:30 Exercise/Brain Games w/ Chris 11:00 Patriotic Wreath Making Craft 1:00 BINGO 2:30 Veteran's Chat with Sgt. Ben Neely	25 Paper Airplane Day 9:30 Exercise/Brain Games w/ Chris 10:30 Worship with Rev. Vogtner 1:30 Paper Airplane Making Craft 2:30 Paper Airplane Flying Contest	26 9:30 Exercise/Brain Games w/ Chris 10:30 Bible Study with Connie 1:00 Scenic Bus Ride 3:30 May Birthday Party	27 9:30 Exercise/Brain Games w/ Chris 11:00 New Game : Snowball Toss 1:00 BINGO 2:00 Resident Kitchen Meeting	28 9:30 Exercise/Brain Games w/ Chris 11:00 Velcro Darts 2:00 Walk to Charlie Daniels Park 3:30 Dog Suncatcher Craft	29 Rest & Relaxation
3:00 Music with Fred Happy Birthday Jean BI	31					30

*Activities are subject to change

The Gardens

May Calendar

May 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
The Garden's Activities Calendar					10:00 Pledge 10:15 exercise/orientation of day 10:30 name parts of a car 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 granny pants game 3:40-4:30 Old Maid 4:30-5:30 supper/6:00 movie	1 Family and friends' visits Activities table available
Flowers with Ivy 2:00 3	10:00 Pledge 10:15 exercise/orientation of day 10:30 transportation and travel 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 craft 3:30-4:30 look around the room 4:30-5:30 supper 6:00-7:00 movie The Beekeeper	4 10:00 Pledge 10:15 exercise/orientation of day 10:30 finish the rhyme or saying 11-12 lunch 1:00 music with Bart Hansen and Cinco De Mayo party 2:00-3:00 quiet time 4:30-5:30 supper 6:00-7:00 movie Julie and Julia	5 10:00 Pledge 10:15 exercise/orientation of day 10:30 finish the sentence 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 balloon toss 3:40-4:30 Bingo 4:30-5:30 supper 6:00-7:00 movie	6 10:00 Pledge 10:15 exercise/orientation of day 10:30 what would you find on a farm 11-12 lunch 1:00-2:30 quiet time 2:30-3:30 bowling 3:40-4:30 circle the keys 4:30-5:30 supper/6:00 movie	7 10:00 Pledge 10:15 exercise/orientation of day 10:30 country trivia 11-12 lunch 1:00-2:00 quiet time 2:00 Steven Gary music 3:40-4:30 write the opposite 3:40-5:30 supper 6:00 movie The Bucket List	8 Family and friends' visits Activities table available
Mother's Day 2-4 pm Refreshments and entertainment 10	10:00 Pledge 10:15 exercise/orientation of day 10:30 trivia of the world 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 balloon toss 3:30-4:30 the same thing game 4:30-5:30 supper 6:00 movie	11 10:00 Pledge 10:15 exercise/orientation of day 10:30 things that go together 11-12 lunch 1:00-2:00 quiet time 2:00 goat therapy with Adelle 3:40-4:30 chess 4:30-5:00 supper/ 6:00 Movie	12 10:00 Pledge 10:15 exercise/orientation of day 10:30 Pastor Raymond 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 sports figures 3:40-4:30 Craft 4:30-5:00 supper/6:00 movie	13 10:00 Pledge 10:15 exercise/orientation of day 10:30 copy the design 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 Dominoes 3:40-4:30 parachute game 4:30-5:00 supper/movie	14 10:00 Pledge 10:15 exercise/orientation of day 10:30 History of May things 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 bowling game 3:40-4:30 Zingo 4:30-5:00 supper/movie	15 Family and friends' visits Activities table available
Family and friends' visits Activities tables available Sunday services on tv 17	10:00 Pledge 10:15 exercise/orientation of day 10:30 means the same game 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 toss at the can game 3:30-4:30 finish the sentence 4:30-5:30 supper/ 6:00 movie	18 10:00 Pledge 10:15 exercise /orientation of day 10:30 where would you find it 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 where to find it game 3:30-4:30 nursery rhyme lines 4:30-5:30 supper/6:00 movie	19 10:00 Pledge 10:15 exercise/ orientation of day 10:30 word scramble 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 Jenga 3:30-4:30 capitals of countries 4:30-5:30 supper/6:00 movie	20 10:00 Pledge 10:15 exercise/ orientation of day 10:30 capitals of countries 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 Bingo 3:30-4:30 real or imitation 4:30-5:30 supper/6:00 movie	21 10:00 Pledge 10:15 exercise/ orientation of day 10:30 word scramble 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 go fish 3:30-4:30 cross word puzzle 4:30-5:30 supper/6:00 movie	22 Family and friends' visits Activities table available
Family and friends' visits Activities tables available Sunday services on tv 24	10:00 Pledge 10:15 exercise/orientation of day 10:30 name the opposite 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 can toss 3:30-4:30 name that song	25 10:00 Pledge 10:15 exercise/orientation of day 10:30 match the word 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 memory chess 3:30-4:30 write the word	26 10:00 Pledge 10:15 exercise/orientation of day 10:30 unscramble the word 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 toss the word 3:30-4:30 craft	27 10:00 Pledge 10:15 exercise/orientation of day 10:30 what would you find game 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 can toss game 3:30-4:30 round it up	28 10:00 Pledge 10:15 exercise/orientation of day 10:30 words in time 11-12 lunch 1:00-2:30 quiet time 2:45-3:30 parachute 3:30-4:30 copy the design	29 Family and friends' visits Activities table available
Family and friends' visits Activities tables available Sunday services on tv 31	Activities are subject to change					



MAY ANNOUNCEMENTS

We would like to welcome our new Executive Director, Cindi Brindley, to the Providence Place Team! Please make her feel welcome when you see her out and about in the community!

We will have a Family Meet & Greet with Cindi on Wednesday, May 13th from 3:30 - 4:30pm, immediately followed by a special magic show featuring Magician Bruce Amato! This Family Night will be fun for all ages, so bring the kids!

MAY DATES TO REMEMBER

May 2nd - Kentucky Derby Day

May 3rd - World Laughter Day

May 4th - Star Wars Day / Space Day

May 5th - Cinco de Mayo

May 6th - National Nurses Day

May 9th - International Migratory Birds Day

May 10th - Mother's Day

May 14th - Dance Like a Chicken Day

May 20th - World Bee Day

May 25th - Memorial Day