# THE THE NORMAL SAME AND THE SAM

# **MOLLY'S MINDFUL MOMENT**

Welcome Summer with Joy and Purpose!

June is here, bringing with it the warmth, light, and energy of summer! It's the perfect time to enjoy the beauty of longer days, blooming gardens, and connecting with others in fun, meaningful ways. Whether you're taking peaceful morning walks, sipping lemonade on the patio, or joining in on group activities, this season is a gentle reminder to slow down and savor the simple joys. Mindful moments, like quiet reflection or reading in the sunshine, can refresh your spirit and bring a deeper sense of peace and gratitude.

We're also excited to share that there are new things on the horizon for Senior Living Ministries! Stay tuned for upcoming opportunities to get involved in fresh and inspiring ways including new initiatives around community fundraising and outreach. Your involvement can make a real difference, and we can't wait to walk this next chapter together.



Molly Patton Executive Director

Lastly, please join us in giving a warm welcome to our new administrative executive, Tierney Heisinger! Tierney brings a kind heart, a bright smile, and a passion for service. We are so glad she's joined our community, and we know you'll enjoy getting to know her in the days ahead.

# INSIDE This issue

Molly's Mindful	
Moment	1
Annie's Action	2
Kim's Keep Up	2
Jill's Jolly	2
Robert's Report	3
Jessica's Juice	3
June Birthdays	3
Kwame's Cut	3
Tierney's Tomes	3
Father's Day	
Events	4

### People. Passion. Purpose

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1

### ANNIE'S Action



Summer is here and so is a month full of sunshine, smiles, and sensational activities for our wonderful community. We've

packed the calendar with outings, entertainment, and opportunities to connect and enjoy the season together. One of the highlights is our June 10<sup>th</sup> day trip to beautiful Granville, where we'll explore the sights and enjoy the view with our scenic bus rides.

For our animals lovers, don't miss our biweekly horse farm outings. Of course, don't forget our weekly Friday lunches. The perfect time to get out and try a new place to grab a bite! Back home, the fun continues! Join us for weekly Musical Hours

Annie Aquino featuring performers singing some toe-tapping tunes! Swing on Providence Place by the TV room for Fun Flick Fridays where we show favorite movies and provide popcorn and comfy seating.

We can't wait to share another joyful and action-packed month.

### **KIM'S KEEP UP**

May flew by! We had an amazing month at The Gardens. Thanks to all the family members who participated in our Mother's Day celebration. We had a great time! Don't forget about our big trip to Granville in June. Due to the extensive walking that we'll be doing, we're asking that only our more mobile residents join us. But don't worry! Those staying behind will be set up with a fun movie and popcorn. If you would like to join us in Granville, please feel free to follow behind in your own vehicle, and let me know if you'll be transporting your loved one yourself. Our furry friends, Winston and Ernie, will be coming for a visit this month. We will also have Penny the Pony coming to brighten our day! We have lots of arts and crafts planned as well as bird and squirrel watching with the residents. See you down the trail!



Kim Powell The Gardens Activity Director





Last month was all about moms. But now, as grilling season gets underway, let's shift our focus to dads! Sending beautiful wishes and prayers to all the fathers we know and love. May the hands you use to touch, love, and comfort your loved ones continue to be an instrument to love more and more. I hope you are able to celebrate and be celebrated. May you have a wondrous and meaningful Father's Day.

2



Robert Johnson Maintenance Director

## **ROBERT'S REPORT**

Happy June, everyone. With temperatures rising, we're utilizing the air conditioner more. Please make sure your bed is not directly against your AC unit. Please let a staff member know if you need help moving your bed.

## **JESSICA'S JUICE**

With the weather heating up, it's important now more than ever to stay cool. Drink plenty of cold water, wear lightweight clothing, and take breaks in cool spaces. If you do need some fun in the sun, make sure you lather on your sunscreen!



Jessica Mason Director of Nursing



### Providence Place

10<sup>th</sup> Sally Mobley 20<sup>th</sup> Joan Ehman 22<sup>nd</sup> Joyce Orefice 26<sup>th</sup> Galen Dunbar

### The Gardens

8<sup>th</sup> May Conniff 13<sup>th</sup> Wanda Lightsey 13<sup>th</sup> Betty Jones 16<sup>th</sup> Cynthia Squires 18<sup>th</sup> Hope Proctor 21<sup>st</sup> Vernella Hennington 26<sup>th</sup> Doris Jolley **Team Members** 20<sup>th</sup> Karla Bailey

**KWAME'S CUT** 

June is here, bringing the start of summer and endless opportunities for fun! It's the perfect time for beach days, backyard barbecues, evening walks, and weekend getaways. June invites everyone to relax, explore, and make the most of the warm, carefree days ahead. I'm also excited for the new menus that I hope everyone is loving!



Kwame Berry Dietary Director

Hello, friends! I'm Tierney, and I'll be taking over for Grace as the Administrative Executive at the front desk. A little about me: I'm a crazy cat lady, but I love all animals. I also love to read and write. I hope to use this column to introduce you to a new book or two to check out! I'm really excited to be here!

# TIERNEY'S TOMES



Tierney Heisinger Executive Assistant

3

# FATHER'S DAY BASH JUNE 15<sup>TH</sup> AT 2:00 P.M.

**CELEBRATE DAD!** 

Join us for cold drinks and snacks on June 15<sup>th</sup> at 2:00 p.m. Come crack a cold one with your dad!

### **RSVP**

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