

December 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Birthdays: Nancy Hall – 3rd	MUSIC MONDAY 9:00 Breakfast Club 10:30 Sr. Center Ukelele 1:00 Patio (weather permitting) 2:00 Afternoon Break 3:00 Music and Coloring (Christmas Decorating)	TACTILE TUESDAY 9:00 Music and Movement 10:00 Morning Break and Snack 1:00 Puzzles 2:00 Sensory Activity 3:00 Rest and Relax 5:00 Dancing Lights of Christmas – Group 1* (AL)	WELLNESS WEDNESDAY 9:00 Kay – Hair Stylist 10:00 Nail Painting 1:00 Parachute and Music 2:00 Afternoon Snack 3:00 Rest and Relax	THROWBACK THURSDAY 9:00 Coffee Club 10:00 This Day In History 1:00 Bingo 2:00 Story Time w Kim 3:00 Old TV Shows 5:00 Dancing Lights of Christmas – Group 2* (MC)	FUN AND FRIENDS FRIDAY 9:00 Walking Club 10:00 Friday Dance Party 1:00 Football Toss 2:00 Rest and Relax 3:00 Christmas Movie and Treat	Caroling
Staff: Erica - 10 th Mary – 29th	MUSIC MONDAY 9:00 Breakfast Club 10:00 Morning Movement 1:00 Patio (weather permitting) 2:00 Rest and Relax 3:30 Live Music: Gabe (steel drums)	TACTILE TUESDAY 9:00 Coffee Club 10:00 Dice Games 1:00 Bus Ride* 2:00 Sensory Activity 3:00 Puzzles 5:00 Brownies Choir	WELLNESS WEDNESDAY 9:00 Morning Movement 10:00 Ladies Club – Christmas Craft 1:00 Music and Movement 2:00 Coffee Social 3:00 Rest and Relax	THROWBACK THURSDAY 9:00 Coffee Club 10:00 This Day In History 1:00 Bingo 2:00 Story Time w Kim 3:00 Old TV Shows 4:00-6:00 Family Night	FUN AND FRIENDS FRIDAY 9:00 Walking Club 10:00 Friday Dance Party 11:00 Out to Lunch* 1:00 Pool Noodle Javelin 2:00 Rest and Relax 3:00 Christmas Movie and Treat	11:00 Mt. Juliet Annual Christmas Parade
Belmont Christmas Show (\$45 pp)	MUSIC MONDAY 9:00 Breakfast Club 10:00 Music Movement 1:00 Live Music: Bret 2:00 Afternoon Snack 3:00 Rest and Relax	TACTILE TUESDAY 9:00 Morning Coloring 10:00 Fidget Activity 1:00 Bus Ride* 2:00 Sensory Activity 3:00 Puzzles	WELLNESS WEDNESDAY 9:00 Kay – Hair Stylist 10:00 Nail Painting 1:00 Men's Club - _____ 2:00 Coffee Social 3:00 Rest and Relax	THROWBACK THURSDAY 9:00 Coffee Club 10:00 This Day In History 1:00 Bingo 2:00 Story Time w Kim 3:00 Old TV Shows	FUN AND FRIENDS FRIDAY 9:00 Walking Club 10:00 Friday Dance Party 11:00 Auction* 1:00 Beach Ball Kickball 2:00 Rest and Relax 3:00 Christmas Movie and Treat	
	MUSIC MONDAY 9:00 Breakfast Club 10:00 Morning Movement 1:00 Patio (weather permitting) 2:00 Music and Coloring 3:00 Rest and Relax	CHRISTMAS EVE	CHRISTMAS DAY	THROWBACK THURSDAY 9:00 Coffee Club 10:00 This Day In History 1:00 Bingo 2:00 Story Time w Kim 3:00 Old TV Shows	FUN AND FRIENDS FRIDAY 9:00 Walking Club 10:00 Friday Dance Party 11:00 Out to Lunch* 1:00 Parachute 2:00 Rest and Relax 3:00 Christmas Movie and Treat	
	MUSIC MONDAY 9:00 Breakfast Club 10:00 Morning Movement 1:00 Rest and Relax 2:00 Billy Tarkington 3:00 Snack	NEW YEARS EVE 9:00 Coffee Club 10:00 Morning Coloring 1:00 Bus Ride* 2:00 Sensory Activity 3:00 Puzzles				

Gardens Activity Calendar

Calendar is subject to change based on resident interest and staff availability