



# THE PROVIDENCE POST

ASSISTED LIVING AND THE GARDENS MEMORY CARE

## MOLLY'S MINDFUL MOMENT

Hello, Autumn!

Summer came and went without a warning, and it was a hot one! Personally, I'm ready for autumn - it's my favorite!

Autumn is the time of year when leaves change color, and the autumnal equinox signals that days are getting shorter. Nighttime arrives earlier, temperatures begin to drop and most vegetative growth decreases. Animals begin to prepare for the dearth of food that generally comes during the winter, gathering supplies or traveling to warmer climates.

The cycle of seasons is caused by Earth's tilt on its axis and the planet's orbit around the sun. When the axis points toward the sun, that hemisphere experiences summer. The hemisphere tilted away from the sun experiences winter. After Earth travels a quarter of the way around the sun, the axis is pointed along the planet's path, parallel to the star.

What are some fun facts you know about autumn? What's your favorite season? Come chat with me and let me know... And when we finally get our autumn weather, count on me to sit on the porch and sip hot cocoa with you.

With love and coziness,  
Molly



**Molly Patton**  
Executive Director



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### People. Passion. Purpose.

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- The Gardens at Providence Place Memory Care



## JILL'S JOLLY



**Jill Wagoner**  
Marketing Director

The First Monday in September celebrates the contributions of America's laborers in the development of our country. It's an annual celebration of the social and economic achievements of American workers. As we look forward to this Labor Day holiday, I can't help but reflect on all of Providence Place's achievements. We are growing! It is so exciting to see new faces in our community. New stories to hear and friends to socialize and connect with. Providence Place is blessed with being named Wilson County's Best in Senior Living. We have a caring and compassionate team to thank for this title!! This team is a collection of incredibly brilliant individuals that collaborate daily to achieve extraordinary results. As the Sales and Marketing Director, I want to say thank you to our team laborers. Your dedication and compassion towards our residents show in the quality and reputation of our community. Thank you to all who labor!! You are the best! You are appreciated!!

Happy Labor Day!! You deserve a day off!!

## GRACE'S GIGGLE



**Grace Thomason**  
Executive Assistant

What's a tree's favorite fall song?  
don't stop be-leafin

Why did the apple pie cry?  
IT'S PEELINGS WERE HURT

What's the best fall fairy tale?  
**Pumpelstiltskin**

WHY DID THE TREE GIGGLE?  
it heard acorn-y joke

Why did the apple join a gym?  
**TO WORK ON ITS CORE**

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## JESSICA'S JUICE

Happy September! Fall is coming which means sick season is upon us. Immune system performance decreases due to temperature drops, lack of Vitamin D, and increased rain and humidity. To reduce the likelihood and hopefully prevent the Flu and many of the other illnesses that come with the season change don't forget to wash your hands and if you are coughing or sneezing please cover your mouth and nose. We will have our yearly Flu and Pneumonia vaccine clinic late October. We will be working on getting consent forms sent out before then.



**Jessica Mason**  
Health and Wellness Director

## MARY BETH'S MINUTE



**Mary Beth Easler**  
The Gardens Activity Director

September has us excited for cooler weather, more music and getting out and about! We are looking forward to having our First Responder breakfast on September 11th. Our residents love music as it just brightens their day, so we try our best to have all the music we can! This month we have three days with live musicians coming to play for our community. Grandparents Day is on Sunday, September 8th and I'm sure our residents would love to see their grandchildren and great grandchildren, so please come and visit! Don't forget to follow us on Facebook!

## KWAME'S CUT



**Kwame Berry**  
Dietary Director

September already! I am looking forward to the cooler weather and all the holidays to come. With that on 9/11 we will have an appreciation breakfast for our community first responders. Please join us and invite your favorite first responder. I hope everyone has enjoyed the revised Spring/Summer menu.

We will soon have the Fall/Winter menu coming out and I hope you all will enjoy all the new meals on it. We are always looking for suggestions on new meals and how to better our menu, so if you have anything you would like to add or suggest please let us know!

## ROBERT'S REPORT

This past week we did our electrical check in and discovered many issues that needed to be corrected immediately. With that said please make sure all residents do not have extension cords, power strips or multi-plug adaptors in their apartments. Power strip surge protectors are allowed, but must have a breaker as pictured below. If you are unsure or have any questions please feel free to ask!



**Robert Johnson**  
Maintenance Director



## SEPTEMBER BIRTHDAYS

### Providence Place

1st Sabra Robinson  
10th Paula Odum  
21st Don Coil

### The Gardens

23rd Joe Malone  
26th Burton Smith

### Team Members

1st Clay Hunter  
9th Kimberlin Cotzalo  
12th Kate Tresner  
25th Terrie Garrett  
26th Derrika Parker  
27th Melissa Smith  
29th Jessica Mason



**IN LOVING MEMORY OF**  
Donna Williams



# WHAT MAKES GOOD WORKS?

## **GOOD PASSION**

that supports the unique passion of each senior community while accommodating the human struggle to fail and try again.

## **GOOD MINISTRY**

that views every resident, family member, staff member, investor, and service partner as a participant in a personal ministry that transcends jobs, roles, or functions.

## **GOOD RESEARCH**

that identifies opportunities, unique competitive advantages, requirements for success.

## **GOOD RESULTS**

that make a difference in the lives of residents, families, staff, and investors.

## **GOOD OPERATIONAL MANAGEMENT**

that supports the critical emotional crisis that families and staff experience.

## **GOOD RISK MANAGEMENT**

that accommodates the realities of a litigious environment and public expectation.

## **GOOD FACILITY PLANNING AND DESIGN**

that delivers resident-focused solutions that have greater value than they cost.

# **COME BE A PART OF OUR PROVIDENCE PLACE FAMILY!**

**Now accepting new residents!**

(Assisted Living and Memory Care)

**Now accepting new team members!**

Assisted Living Activity Director - FT

Licensed Practical Nurses - FT/PT/PRN

Resident Assistants (Will train) - FT/PT/PRN

**CHECK OUT AND FOLLOW OUR NEW FACEBOOK PAGES**

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<http://www.facebook.com/ProvidencePlaceMtJuliet>

<http://www.facebook.com/TheGardensProvidencePlace>