

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

The Gardens Activity Calendar

	1 Robert's & Debbie's Birthday 9:00 a.m. – Walking Club 9:30 a.m. – Puzzles 10:00 a.m. – Snack/Hydration 10:30 a.m. – Art 1:00 p.m. – Music For Seniors 2:00 p.m. – Old School TV Show 3:00 p.m. – Ice Cream Social	2 9:00 a.m. – Chair Yoga 9:30 a.m. – Bean Bag Toss 10:00 a.m. – Snack/Hydration 10:30 a.m. – Puzzles 1:00 p.m. – Bus Ride 2:00 p.m. – Afternoon Walk 3:00 p.m. – Bird Watching	3 9:00 a.m. – Chair Exercise 9:30 a.m. – Corn Hole 10:00 a.m. – Snack/Hydration 1:00 p.m. – Puzzles 2:00 p.m. – Water Balloon Toss 3:00 p.m. – Movie	4 Independence Day 9:00 a.m. – Chair Stretch 9:30 a.m. – Balloon Tennis 10:00 a.m. – Snack/Hydration 1:00 p.m. – Water Guns 2:00 p.m. – Afternoon Walk 3:00 p.m. – Old TV Show	5 9:00 a.m. – Walking Club 9:30 a.m. – Parachute 10:00 a.m. – Snack/Hydration 11:30 a.m. – Out to Lunch 2:00 p.m. – Bingo 3:00 p.m. – Ice Cream Social	6 Visits w/Family Independent Activities
7	8 9:00 a.m. – Walking Club 9:30 a.m. – Summer Coloring 10:00 a.m. – Snack/Hydration 10:30 a.m. – Patio w/Bubbles 1:00 p.m. – Bingo 3:00 p.m. – Ice Cream Social	9 Dottie's Birthday 9:00 a.m. – Chair Yoga 9:30 a.m. – Bean Bag Toss 10:00 a.m. – Snack/Hydration 10:30 a.m. – Puzzles 1:00 p.m. – Bus Ride 2:00 p.m. – Water Guns 3:00 p.m. – Afternoon Walk	10 9:00 a.m. – Chair Exercise 9:30 a.m. – Cornhole 10:00 a.m. – Snack/Hydration 10:30 a.m. – Jenga 1:00 p.m. – Water Balloon Toss 2:00 p.m. – Adult Coloring 3:00 p.m. – Movie	11 9:00 a.m. – Chair Stretch 9:30 a.m. – Balloon Tennis 10:00 a.m. – Snack/Hydration 1:00 p.m. – Summer Coloring 2:00 p.m. – Checkers 3:00 p.m. – Old School TV Show 4:00 p.m. – Therapy Dog	12 9:00 a.m. – Walking Club 9:30 a.m. – Parachute 10:00 a.m. – Nails w/Michele 11:30 a.m. – Out to Lunch 2:00 p.m. – Bingo 3:00 p.m. – Popsicles	13 Visits w/Family Independent Activities
14	15 National Gummy Worm Day 9:00 a.m. – Walking Club 9:30 a.m. – Summer Coloring 10:00 a.m. – Snack/Hydration 10:30 a.m. – Patio w/Music 1:00 p.m. – Bingo 3:00 p.m. – Ice Cream Social	16 9:00 a.m. – Chair Yoga 9:30 a.m. – Bean Bag Toss 10:00 a.m. – Snack/Hydration 10:30 a.m. – Puzzles 1:00 p.m. – Bus Ride 2:00 p.m. – Water Guns 3:00 p.m. – Bird Watching	17 National Ice Cream Day 9:00 a.m. – Chair Exercise 9:30 a.m. – Cornhole 10:00 a.m. – Snack/Hydration 10:30 a.m. – Jenga 1:00 p.m. – Water Balloon Toss 2:00 p.m. – Adult Coloring 3:00 p.m. – Movie	18 9:00 a.m. – Chair Stretch 9:30 a.m. – Parachute 10:00 a.m. – Snack/Hydration 1:00 p.m. – Summer Coloring 2:00 p.m. – Checkers 3:00 p.m. – Old School TV Show	19 9:00 a.m. – Walking Club 9:30 a.m. – Puzzles 10:00 a.m. – Snack/Hydration 11:30 a.m. – Out to Lunch 2:00 p.m. – Bingo 3:00 p.m. – Ice Cream Social	20 Visits w/Family Independent Activities
21	22 9:00 a.m. – Walking Club 9:30 a.m. – Summer Coloring 10:00 a.m. – Snack/Hydration 10:30 a.m. – Patio w/Music 1:00 p.m. – Bingo 3:00 p.m. – Ice Cream Social	23 Julie's Birthday 9:00 a.m. – Chair Yoga 9:30 a.m. – Bean Bag Toss 10:00 a.m. – Snack/Hydration 10:30 a.m. – Puzzles 1:00 p.m. – Bus Ride 2:00 p.m. – Water Guns 3:00 p.m. – Afternoon Walk	24 9:00 a.m. – Chair Exercise 9:30 a.m. – Beach Kickball 10:00 a.m. – Snack/Hydration 10:30 a.m. – Jenga 1:00 p.m. – Water Balloon Toss 2:00 p.m. – Adult Coloring 3:00 p.m. – Movie	25 Hot Fudge Sundae Day 9:00 a.m. – Chair Stretch 9:30 a.m. – Corn Hole 10:00 a.m. – Snack/Hydration 1:00 p.m. – Summer Coloring 2:00 p.m. – Checkers 3:00 p.m. – Old School TV Show 4:00 p.m. – Therapy Dog	26 9:00 a.m. – Walking Club 9:30 a.m. – Bean Bag Toss 10:00 a.m. – Snack/Hydration 11:30 a.m. – Out to Lunch 2:00 p.m. – Bingo 3:00 p.m. – Popsicles	27 Visits w/Family Independent Activities
28	29 9:00 a.m. – Walking Club 9:30 a.m. – Summer Coloring 10:00 a.m. – Snack/Hydration 10:30 a.m. – Patio w/Music 1:00 p.m. – Bingo 3:00 p.m. – Ice Cream Social	30 9:00 a.m. – Chair Yoga 9:30 a.m. – Bean Bag Toss 10:00 a.m. – Snack/Hydration 10:30 a.m. – Puzzles 1:00 p.m. – Bus Ride 2:00 p.m. – Water Guns 3:00 p.m. – Afternoon Walk	31 9:00 a.m. – Chair Stretch 9:30 a.m. – Balloon Tennis 10:00 a.m. – Snack/Hydration 1:00 p.m. – Water Guns 2:00 p.m. – Afternoon Walk 3:00 p.m. – Old TV Show	<h1>July 2024</h1>		