



# THE PROVIDENCE POST

ASSISTED LIVING AND THE GARDENS MEMORY CARE

## MOLLY'S MINDFUL MOMENT

Happy July! I hope you all are enjoying the dog days of summer and having fun with the delightful activities and events happening in our communities. When we think about our communities and senior living as a way of life, it's important to know that there's research dedicated to demonstrating the value of that way of life.

Did you know, that according to recent studies, that there is core conclusion of a body of research showing how senior housing communities can improve access to safe and high-quality care for older adults? The research found that people who move into senior housing experience decreased vulnerability, receive more healthcare services at home, and have slightly increased longevity compared to older adults living in the general community.

"Senior housing residences can be a center for wellness and healthy aging for older adults, with positive outcomes for those who call it home," says Ray Braun, CEO and president of the National Investment Center for Seniors Housing & Care (NIC), the Annapolis-based organization that provided grant funding for the research.

Researchers measured common, high-cost, adverse health events for older adults that preventative or rehabilitative care can mitigate. Overall, older adults who move into senior housing experience better health outcomes than their peers living in the community, including:

- Lower rates of inpatient admissions from the emergency department.
- Lower rates of inpatient admissions due to physical injury, hip fracture, wounds, chronic obstructive pulmonary disease, dehydration, or urinary tract infection.
- Similar rates of inpatient admissions due to falls, hypertension, community-acquired pneumonia and uncontrolled diabetes.

"Senior housing operators effectively manage residents' health and lower adverse patient safety events, particularly when older adults move in and are more vulnerable, but more can be done to keep residents healthy while reducing healthcare spending," says Lisa McCracken, NIC's head of research & analytics.

"Emergency department utilization is higher among seniors housing residents, which may be driven by regulatory requirements or being overly cautious in response to an incident such as a fall. There is an opportunity to learn more from these results to potentially avoid an unnecessary ER visits."

Providence Place and The Gardens continue to be committed to providing you with experiences and opportunities to thrive! As always, it's an honor to serve you. Fondly, Molly



**Molly Patton**  
Executive Director

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### People. Passion. Purpose.

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**Connie Dalton**  
Marketing Director

## CONNIE'S COMMENT

Happy July! I want to thank each and every one of you for welcoming me with open arms and warm hearts! I consider myself blessed to be a part of these communities and the opportunity to introduce Providence Place and The Gardens to those who want a loving, warm, and happy new home. As we all know, the transition in creating a "new normal" can be challenging, therefore, I thank you in advance for welcoming our new residents with the same warmth you have given me.



### Daily Morning Walks



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## GRACE'S GRACE



**Grace Thomason**  
Executive Assistant

**BE THE SUNSHINE**  
in someone's life today.

LAUGHTER IS TIMELESS.  
IMAGINATION HAS NO AGE.  
AND DREAMS ARE FOREVER.

**LIVE YOUR LIFE**  
and forget your age.



**Wrinkles will only**  
**go where the smiles**  
**have been.**

I am so happy for July! I am thankful for my new position and all it has entailed. Thank you all for joining me in my activities thus far and I hope you will continue to. I love seeing all your smiling faces as it is the highlight of my day. I am looking forward to many new activities and would even love suggestions on what you would enjoy. I hope you all have a wonderful month!

## CARRIE'S COLLECTION



**Carrie Johnson**  
Providence Place  
Activity Director

## HARLEQUINE'S HARMONY



**Harlequine Clay**  
The Gardens  
Life Enrichment  
Director

Are you ready for National Ice Cream Month? We love ice cream in Memory Care and it sure goes well with this warm weather we are having here. We can't wait to try many different flavors. Feel free to join us on Monday and/or Friday afternoons (check out the calendar). In July we also celebrate Independence Day, so we will enjoy grilling out that day!





**Providence Place**  
 7th Angela Campopiano  
 8th Leann Merrill  
 10th Lucille Peterson  
**The Gardens**  
 1st Debbie Poirier  
 9th Dorothy Dill  
**Team Members**  
 1st Robert Johnson  
 9th Betsy White  
 20th Chris Dessinger  
 23rd Julie Stephens

## KWAME'S CUT

Happy July! As I've been told we are not loving the Spring/Summer menu cycle. Knowing that I am in the midst of getting together some new menus. I hope you all will enjoy! Please let me know of any specific items you are hoping to see on the new menuS. I am looking forward to our monthly kitchen meeting and hoping I can support you all in an even better way than before.



**Kwame Berry**  
 Dietary Director

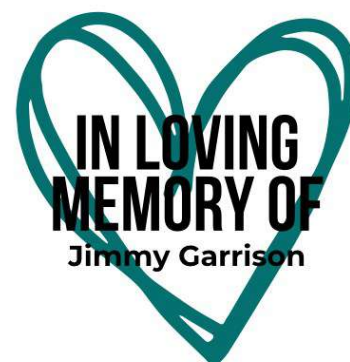
## ROBERT'S REPORT

It's July! This past month I have thoroughly enjoyed our weekly bus rides to get out and explore the area. The weather has been so great. Don't forget to get out and take it all in. I am thankful to have gotten out the past few Fridays to take you all to lunch. Spending time with you all and getting in a delicious lunch just always makes my day. Let me know on my clipboard if you need anything.



**Robert Johnson**  
 Maintenance Director

## More Walks, Arts and Crafts, Bingo, and MORE



# WHAT MAKES GOOD WORKS?

## **GOOD PASSION**

that supports the unique passion of each senior community while accommodating the human struggle to fail and try again.

## **GOOD MINISTRY**

that views every resident, family member, staff member, investor, and service partner as a participant in a personal ministry that transcends jobs, roles, or functions.

## **GOOD RESEARCH**

that identifies opportunities, unique competitive advantages, requirements for success.

## **GOOD RESULTS**

that make a difference in the lives of residents, families, staff, and investors.

## **GOOD OPERATIONAL MANAGEMENT**

that supports the critical emotional crisis that families and staff experience.

## **GOOD RISK MANAGEMENT**

that accommodates the realities of a litigious environment and public expectation.

## **GOOD FACILITY PLANNING AND DESIGN**

that delivers resident-focused solutions that have greater value than they cost.

# **COME BE A PART OF OUR PROVIDENCE PLACE FAMILY!**

**Now accepting new residents!**

(Assisted Living and Memory Care)

**Now accepting new team members!**

Director of Nursing-FT

Licensed Practical Nurses-FT/PT/PRN

Resident Assistants (Will train)-FT/PT/PRN

**CHECK OUT AND FOLLOW OUR NEW FACEBOOK PAGES**

